

Full Stack Bassist: 12-Month Intensive	2024-25			2024-25		
Welcome						
Introduction (5:43)						
	SBL MON	SBL DAY	SBL WEEK	MJC MON	MJC DAY	MJC WEEK
Module 1 - Bass Line Creation 1: The Chord Tone & Chromatic Mix	Nov 25	0	0	Nov 25	0	0
Lecture 1 - Bass Line and Groove Ingredients (27:35)						
Lecture 2 - Roots and Chromatic Approaches (63:21)						
Lecture 3 - Roots, 5ths + Chromatic Mixing (33:52)						
Lecture 4 - The Triadic Harmony Approach (55:10)						
Lecture 5 - Building with Seventh Chords and Chromatics (39:43)						
Downloads: Workbooks & Backing Tracks						
Pro Skills Workshop 1	Dec 16	21	3	Dec 16	21	3
Sound & Tone: Crafting Your Sonic Fingerprint						
Module 2 - Bass Line Creation 2: Implementing Modes and Essential Scales	Dec 23	28	4	Feb 03	70	10
Lecture 1 - Why Scales and Modes?						
Lecture 2 - Major Pentatonic Sound and Shapes						
Lecture 3 - Minor Pentatonic Sound and Shapes						
Lecture 4 - Ionian: The Mother of all Modes						
Lecture 5 - Dorian: The Minor 3rd / Major 6th Combination						
Lecture 6 - Mixolydian: The Dominant Scale						
Downloads: Workbook & Backing Tracks						
Pro Skills Workshop 2	Jan 27	63	9	Apr 07	133	19
The Numbers System						
Module 3 - Pro Bassist's Technique Toolkit - Part 1	Feb 03	70	10	Apr 14	140	20
Lecture 1 - Proper Positioning Is Key!						
Lecture 2 - Advancing Your Plucking-Hand Technique						
Lecture 3 - Advancing Your Fretting-Hand Technique						
Lecture 4 - Muting Technique for Sonic Control						
Lecture 5 - Articulation Workouts						
Downloads: Workbook & Backing Tracks						
Module 4 - Pro Bassist's Technique Toolkit - Part 2	Mar 03	98	14	May 12	168	24
Lecture 6 - Mastering the Pick						
Lecture 7 - Slap Technique Masterclass						
Lecture 8 - Final Thoughts and Tips						
Downloads: Workbook & Backing Tracks						
Pro Skills Workshop 3	Mar 10	105	15	May 19	175	25
Chart Writing - Sketching Out the Basics						

	SBL MON	SBL DAY	SBL WEEK	MJC MON	MJC DAY	MJC WEEK
Module 5 - Groove, Time Feel & The Rhythm Section - Part 1	Mar 31	126	18	Jun 09	196	28
Lecture 1 - Understanding and Counting the Grid						
Lecture 2 - Quarter Note Bass Lines						
Lecture 3 - 8th Note Bass Lines						
Lecture 4 - 16th Notes Bass Lines						
Lecture 5 - The Art of Space						
Downloads: Workbook & Backing Tracks						
Module 6 - Groove, Time Feel & The Rhythm Section - Part 2	Apr 28	154	22	Jul 14	231	33
Lecture 6 - To Lock or NOT to Lock with the Kick Drum, That Is the Question						
Lecture 7 - Making It Swing						
Lecture 8 - Do All the Baddest Cats Play Behind?						
Lecture 9 - Advanced Rhythm and Metronome Concepts						
Downloads: Workbook & Backing Tracks						
Pro Skills Workshop 4	Apr 14	140	20	Jul 07	224	32
How to learn a song – FAST!						
Module 7 - Style Analysis Masterclasses - Part 1	May 26	182	26	Aug 18	266	38
Lecture 1 - The Blues Workshop						
Lecture 2 - The Jazz Essentials Workshop						
Lecture 3 - The Soul, R&B, and Motown Workshop						
Downloads: Workbook & Backing Tracks						
Module 8 - Style Analysis Masterclasses - Part 2	Jun 23	210	30	Sep 29	308	44
Lecture 4 - The Rock Workshop						
Lecture 5 - The Funk Workshop						
Lecture 6 - The Reggae Workshop						
Downloads: Workbook & Backing Tracks						
Pro Skills Workshop 5	Jun 02	189	27	Sep 08	287	41
Ear Training 1 - Hearing Intervals and Root Motion						
Pro Skills Workshop 6	Jul 14	231	33	Oct 20	329	47
Ear Training 2 - Chords and Qualities						
Final Project!	Jul 28	245	35	Oct 27	336	48
L01 - Final Project Breakdown						
L02 - Tips for Success						
Downloads: Workbook & Backing Tracks						